

Jonathan Schultz Director, Journal Operations, American Heart Association / Editor-in-Chief, CSE's *Science Editor*

“TRADITIONAL” WORKDAY

All Staff in the Office

8:00 AM 9:00 AM 10:00 AM 11:00 AM 12:00 PM 1:00 PM 2:00 PM 3:00 PM 4:00 PM 5:00 PM 6:00 PM 7:00 PM 8:00 PM

TROUBLES WITH TRADITIONAL

Personal

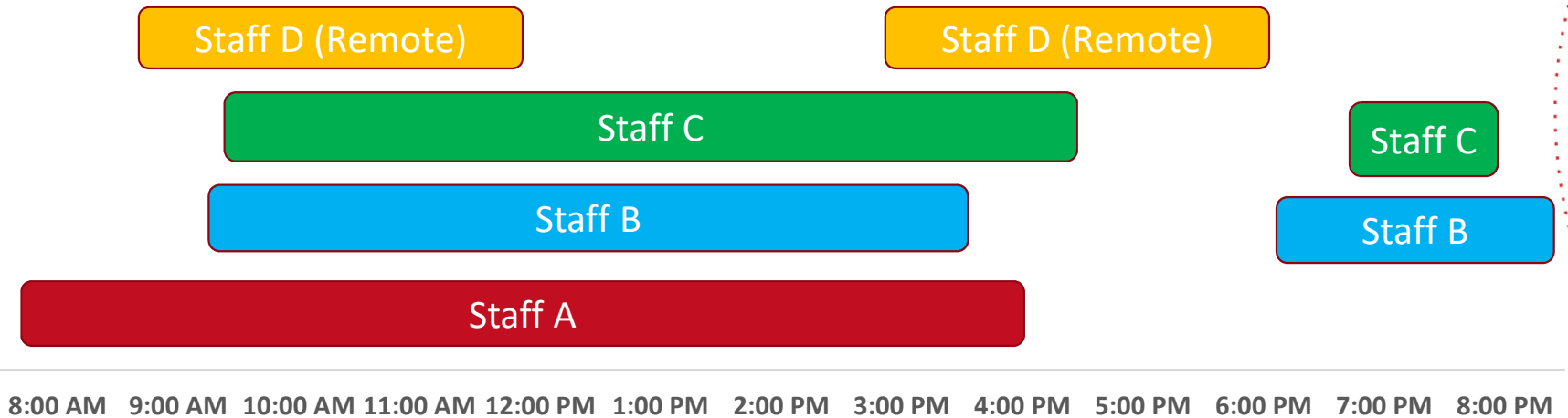
- Not Great for Families
- Not Great for Households
- Not Great for Health

Work

- Not Great for Academics
- Not Great for International



NON-TRADITIONAL HOURS



BENEFITS

- Greater Work Coverage
- Happier, Healthier Staff

SUGGESTIONS

- Promote Cross Training
- Keep Up Communication
- Embrace Technology
- Set Expectations

